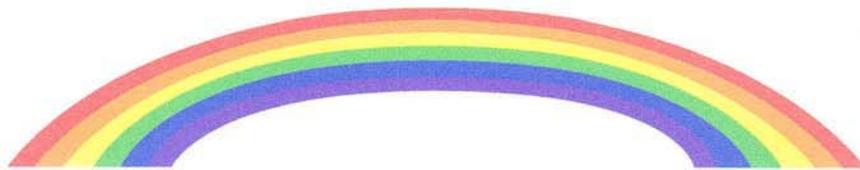


Rainbow Palace
Restaurant
Fully Licensed

FOOD MENU



93 McLeod Avenue (Cumbria Centre)
Spruce Grove, Alberta
780-962-8388

Soup

Homemade Daily Soup.....
Wonton Soup.....(S).....(L)
Chicken Noodle or Beef Noodle Soup
(Cantonese Style)(S).....(L)
Wor Wonton Soup.....(for 1)
.....(for 2)
Hot & Sour Soup.....(S).....(L).....

Appetizers

Pan Fried Dumplings (10 pieces).....
Egg Roll (Each).....
Jumbo Spring Roll (Each).....
Mini Spring Rolls (4 pcs).....
Barbecue Pork (Cold).....
Deep Fried Wontons.....
Shrimp Cocktail.....
Deep Fried Chicken Wings.....
Green Onion Cake.....
Honey Garlic Chicken Wings.....

Hot Sandwiches

*Below served with Fries or daily Soup
or tossed salad*

Clubhouse.....
Single Clubhouse.....
Grilled Ham & Cheese.....
Grilled Cheese.....
Beef Dip.....
Toasted Bacon & Tomato.....
Toasted Bacon Tomato, & Lettuce
Open Denver.....
Closed Denver.....
Monte Cristo.....

Below Served with Mash Potatoes
Hot Hamburger.....;
Hot Turkey.....
Hot Beef.....

Salad

Chef Salad(Ham, Cheese, Turkey)
Chicken Salad.....
Shrimp Salad.....
All above served with egg, tomato, and garlic toast
Caesar Salad with Garlic Toast
With Chicken.....
Tossed Green Salad.....

** Side Orders**

French Fries.....
Poutine.....
Onion Rings.....
Gravy.....
Sweet & Sour Sauce.....
Toast.....
Garlic Toast.....

Cold Sandwiches

*Add soup of the day, tossed
salad or fries for \$1.75*

Cold Ham Sandwich.....
Cold Beef Sandwich.....
Cold Turkey Sandwich.....
Cold Ham & Cheese Sandwich
Chicken or Egg or Tuna salad

** Omelettes**

Served with Toast and Fries

Cheese Omelet.....
Mushroom Omelet.....
Ham Omelet.....
Ham & Cheese Omelet.....
Ham & Mushroom Omelet..

Senior & Children's Menu

- Junior Fish & Chips.....(one pc)....
(2 pcs).....
- Junior Burger and Fries (plain).....
 Junior Burger (plain) with onion rings.....
 Junior Cheeseburger (plain) and Fries.....
 Junior Grilled Cheese and Fries.....
 Junior Chicken Fingers.....

Junior Chicken Sweet & Sour Ribbs Fried Ri Sweet & Sour Chicken Balls	Junior Chow Mein Sweet and Sour Ribbs Fried Rice Chicken Chow Mein
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Burgers (Homemade ¼ LB)

- Rainbow Deluxe (Two Patties with Cheese & Bacon).....
 Mushroom Burger Deluxe.....
 Cheeseburger Deluxe
- Cheeseburger with onion rings.....
 Cheeseburger.....
 Hamburger Deluxe.....
 Hamburger with onion rings.....
 Hamburger.....

Served with Tomatoes, Pickles & Lettuce

Substitute French Fries for Poutine for \$1.50

Add: cheese \$0.50, bacon or mushrooms \$0.75

Noon Hour Combinations

(Served until 3 p.m.)

- | | | |
|--|--|---|
| (A)
Sweet & Sour Chicken Balls
Dry Spareribs
Chicken Fried Rice | (B)
Sweet & Sour Spareribs
Chicken Chop Suey
Chicken Fried Rice | (C)
Deep Fried Shrimp
Sweet & Sour Spareribs
Chicken Chop Suey
Chicken Fried Rice |
|--|--|---|

Includes a choice of Daily Soup or Salad. \$1.50 extra for Wonton soup.

Entrees

New York Steak Sandwich (7 Ounce Strip loin Cut).....	
Grilled Pork Chops.....	
Breaded Veal Cutlets.....	
Deep Fried Shrimp (9).....	
Fish	(two pcs(three pcs)
Hamburger Steak with Onions.....	
Chicken Fingers with Fries (Three Pieces).....	
Liver & Onions.....	
New York Steak (12 Ounces).....	
<i>(Served with Soup of the Day or Tossed Salad, French Fries, Rice, or mashed potatoes with gravy)</i>	

Hot & Spicy Main Dishes

//	Ginger Beef.....	
//	Kung Po Gai Ding (Diced Chicken with Special Chili Sauce).....	
/	Singapore Fried Noodles (Thin Rice Noodles with Curry Sauce).....	
//	Szechuan Beef.....	
//	Szechuan Boneless Pork.....	
//	Szechuan Scallop.....	
/	Thailand Fried Rice.....	
//	Wok Fried Shrimp with Chili Sauce.....	
/	Shanghai Noodles (Thick Noodles).....	
<i>/ represents how spicy the dish is, if you would like it more spicy, please let your waitress know</i>		

Seafood

Deep Fried Shrimp.....	
Pan Fried Shrimp	
Tomato Sauce.....	
Curried Sauce.....	
Black Bean Sauce.....	
Mixed Greens.....	
Pan Fried Squid with	
Black Bean Sauce	
Curried Sauce	





Chicken

- Almond Chicken.....
- Diced Chicken with Almonds & Vegetables.....
- Mushroom Chicken Balls.....
- Lemon Chicken.....
- Pineapple Chicken Balls.....
- Sweet & Sour Chicken Balls.....
- Chicken with Mixed Greens.....
- Curried Chicken.....

Beef

- Fried Beef with Mixed Greens.....
- Fried Beef with Peppers.....
- Fried Beef with Broccoli.....
- Fried Beef with Pea Pods.....
- Fried Beef with Tomatoes.....
- Curried Beef.....

Pork & Spareribs

- Sweet & Sour Boneless Pork.....
- Barbecue Pork with Pea Pods.....
- Barbecue Pork with Mixed Greens.....
- Sweet & Sour Spareribs.....
- Dry Ribs.....
- Pineapple Ribs.....
- Honey Garlic Ribs.....
- Dry Garlic Ribs.....
- Honey Garlic Pork.....

Egg Foo Yong

- Vegetable Egg Foo Yong.....
- Chicken Egg Foo Yong.....
- Rainbow Egg Foo Yong.....
- Shrimp Egg Foo Yong.....



****Chop Suey or Chow Mein (Bean Sprouts)****

- Shrimp Chop Suey / Chow Mein.....
- Beef Chop Suey / Chow Mein.....
- Barbecue Pork Chop Suey/ Chow Mein.....
- Chicken Chop Suey/ Chow Mein.....
- Chicken w/mushrooms & almonds Chop Suey/Chow Mein
- Mushroom Chop Suey / Chow Mein.....
- Rainbow Chop Suey(*Mixed Vegetables with Shrimp, Chicken, B.B.Q. Pork*)
- Rainbow Chow Mein.....

****Cantonese Chow Mein(Vegetables & Noodles)****

- Special Cantonese Chow Mein.....
- Shrimp Cantonese Chow Mein.....
- Pork Cantonese Chow Mein.....
- Beef Cantonese Chow Mein.....
- Chicken Cantonese Chow Mein.....
- Vegetable Cantonese Chow Mein.....

****Fried Rice****

- Yang Chow Fried Rice.....
- Shrimp Fried Rice.....
- Mushroom Fried Rice.....
- Barbecue Pork Fried Rice.....
- Beef Fried Rice.....
- Chicken Fried Rice.....
- Plain Fried Rice.....
- Steamed Rice (*Bowl*) (*One Size*)

****Vegetarian's Favorite****

- Diced Vegetables with Almonds.....
- Wok Salad (*Stir Fried Mixed Vegetables*).....



****Hot Pot****

served with a bowl of fried rice

- Chicken Hot Pot.....
Chopped Chicken braised with mixed vegetables and oyster sauce
- Beef Hot Pot.....
Slices of beef braised with mixed vegetables and oyster sauce
- Barbecue Pork Hot Pot.....
Oven roasted barbecue pork braised with vegetables and oyster sauce
- Shrimp Hot Pot.....
Jumbo Shrimp braised with mixed vegetables and black bean sauce
- Scallop Hot Pot.....
Fresh scallops braised with mixed vegetables and black bean sauce
- Squid Hot Pot.....
Fresh squid braised with mixed vegetables and black bean sauce

****Combination Dinners (for one person)****

#1

Sweet & Sour Chicken Balls
Chicken Chow Mein (Bean Sprouts)
Dry Ribs
Fried Rice

#2

Chicken Chow Mein (Bean Sprouts)
Deep Fried Shrimp
Sweet & Sour Spareribs
Fried Rice

#3

Dry Ribs
Deep Fried Shrimp
Pineapple Chicken Balls
Chicken Fried Rice

****Family Dinners****

DINNER FOR TWO

Pineapple Chicken Balls (8)
Chicken Chow Mein (Bean Sprouts)
Dry Garlic Spareribs
Chicken Fried Rice

DINNER FOR FOUR

Deep Fried Shrimp
Pineapple Chicken Balls
Chicken Chop Suey (Bean Sprouts)
Sweet & Sour Spareribs
Deep Fried Wontons
Chicken Fried Rice

DINNER FOR SIX

6 Egg Rolls
Pineapple Chicken Balls (15)
Rainbow Chop Suey
Deep Fried Shrimp (14)
Diced Chicken with Almonds & Vegetables
Sweet & Sour Boneless Pork
Yang Chow Fried Rice

\$15.00 for an extra person - Substitutions will be charged extra

Beverages

Coffee or Tea		
Decaffeinated Coffee.....		
Hot Chocolate.....		
Chinese Tea	(S).....(L)	
Herbal Tea.....	(S)	
Juice.....	(S).....(L)	
Soft Drinks.....		(L)
Ice Tea.....	(S).....(L)	
Milk.....	(S).....(L)	
Chocolate Milk.....	(S).....(L)	

Desserts

Fruit Pie	
Pie a la mode.....	
Cream Pie.....	
Assorted Cheese Cake.....	
Ice Cream... ..	
Ping Goor Goon.....	
<i>(Apples filled in a homemade deep fried skin served with whipping cream & a cherry)</i>	
Ping Goor Goon with Ice cream.....	